

The goal of the Breast Cancer Detection Center is to assure that everyone will have access to the screening procedures that are key to the early detection of breast cancer. It is due to our commitment to provide the best care possible to as many Alaskans as possible that we are now offering **screening mammograms** to **self-requesting clients** without a referral form. This is **ONLY** possible if a patient's insurance does not require a referral **AND** if the patient is able to provide the name of a practitioner who is willing to receive the results.

Additional requirements are as follows:

- Aged 40 or over,
- Have a normal breast history, (abnormal results requiring further imaging)
- Have no current breast health concerns or lumps and
- Have no recent history of breast cancer.

The patient will be required to sign a release form at the time of the appointment acknowledging that he or she understands that BCDC is released from any liability or responsibility for the patient's failure to follow up in a timely manner concerning the mammogram results with a health care provider.

A self-requesting patient is any patient who receives a mammogram of his or her own initiative and gives BCDC permission under HIPPA to send the results to a provider of his or her choice. Further, if that provider declines to accept the mammography report from BCDC, the patient will then be treated as a Self-Referring patient as per the MQSA Policy Guidance Help System. In this case, the patient will receive the written mammography report with recommendations from the radiologist along with a summary written in lay terms to enable him or her to find another primary care provider in a timely manner. When clinically indicated, BCDC will furnish the self-referring patient with a list of providers qualified to follow up on abnormal results.

Please understand that our primary concern is early detection with a goal of prevention. While we are pleased to offer services to self-requesting patients, we encourage you to seek the guidance of a care provider in making decisions regarding treatment.